



August 19, 2015

Dear Prospective SSB Young Dancers and Parents:

We are looking forward to another exciting year. Last year, SSBYD enjoyed a very strong season. Our annual Spring Celebration of Dance at the Lobero Theatre featured choreography by Cassandra Taylor Newberry, Dana Young Budd, Melody Philbrook, and Cecily Stewart, along with excerpts from *Sleeping Beauty*, and four emerging choreographers' works. Much of our efforts went to preparing for the Regional Dance America/Pacific 50th Anniversary Festival in Sacramento. Our dancers danced very well on stage, performing Cassandra Taylor Newberry's "Ah...I see," stood out as strong dancers in the classes, and were excellent ambassadors of SSBYD. Our Company received Honor Credit at the Festival for its outstanding performance, and Cassandra Taylor Newberry received the Regional Dance America National Choreography Award for the performance of "Ah...I see" at Festival. We were very proud of everyone and had an amazing year together!

We've been involved with Regional Dance America/Pacific for sixteen years now and we think it has been a valuable experience. The dancers in Levels 4-6 audition to be part of this performing company and attend the RDA/P Festival each year, where they take classes from well-known instructors and attend seminars and performances. This year the Festival will be in Phoenix, Arizona (May 4-May 8, 2016). Dancers from all over the Pacific region will meet to attend classes and seminars from nationally acclaimed instructors and experts in the field, as well as perform and attend performances nightly. Dancers may also audition for summer programs and university programs at the Festival.

SSBYD is again hiring Cassandra Taylor Newberry to set choreography on the company January 7-10. In addition, Rodney Gustafson will begin work on his choreography the first week of the Fall program, starting September 14. Our talented young choreographers, Fiona Chandrasekaran, Jenna Comstock, and Kate Winterbauer will be setting emerging works as well. Our adjudication with Michael Utoff will be on Tuesday, March 1st here at the studio.

The Celebration of Dance Concert will be held on Saturday, March 12 at the Lobero Theatre. For that show, in addition to Cassandra's and Rodney's pieces, there will be at least one more company piece and works for The Juniors and Apprentices. We will also be perform Peter and the Wolf on that program. It promises to be a great year!

In SSBYD, there are four divisions of dancers—Company, Apprentice 1 and 2, and Junior--and those levels are based on experience, level of technique, movement quality, and work ethic.

Company and Apprentice 2 dancers have the opportunity to be cast in adjudicated works and may be invited to take the adjudication class. Company dancers will be in a minimum of one of the adjudicated pieces. Apprentice 2 dancers may be chosen to be in an adjudicated work, but that

is the exception rather than the rule. The choreographers choose the dancers they want to have perform their works. If not chosen to be in an Adjudicated work, Apprentice 2 dancers are invited and encouraged to understudy those works. By understudying the works, dancers learn style and develop strength so that they may improve as dancers.

Apprentice 1 dancers will not be cast in any adjudicated works and will not take the adjudication class.

Junior 1 dancers will not be cast in any adjudicated works and will not take the adjudication class, but will have choreography set on them for the Celebration of Dance performance and will have a ballet part in Rudolph as well as Nutcracker. Juniors may be invited to attend the Festival, depending on information received at the RDA/P fall meeting in Phoenix.

All dancers in SSBYD will be cast in both Rudolph and Nutcracker in the Fall, and will have guest choreographers work with them for the Spring Celebration of Dance, and are expected to perform in the end of the year Gustafson Dance performance, Tina, the Ballerina, on May 28 and 29, 2016. Only members of SSBYD will perform in the Spring Celebration of Dance at the Lobero in March. All members will have a headshot taken, along with group photos, will be represented on the SSBYD website, and receive a company leotard or dance top (boys). Members who do not already have a Company Jacket will need to order a jacket. SSBYD Company, Apprentices and Juniors may be invited to take certain Master Classes that are held at the studio for free or reduced cost.

To maintain the high standards set by Regional Dance America for pre-professional ballet companies (like SSBYD), each dancer is expected to strive for their personal best.

Below are listed the major obligations of each dancer and family when becoming a part of SSBYD.

1. Attendance is mandatory for all classes for your level. Classes that are missed for any reason, including homework, illness and family commitments, should be made up in other classes during the week.
2. Attendance is mandatory for all rehearsals. Absences due to homework, illness, school trips, and family commitments are not excused by this policy. Rehearsals may not be made up. However, attendance will be counted if the dancer is able to attend rehearsal and stand in or be actively involved in rehearsal. Sleeping, lounging and talking in the back will not be counted as attendance. Dancers with a fever, stomach flu or a doctor's note should not attend rehearsals. Even though excused, it may necessitate being replaced in choreography. In order for the company to work as a team and keep its standards high, we need to have all members in attendance at every rehearsal or other people's time and energy are wasted. We want to enhance the performance of the group by utilizing rehearsal time in a productive and positive way. This can only happen when EVERYONE is present. Directors, teachers and dancers will be enthusiastic, focused and committed if all in the Company are participating at the highest level.
3. Attendance at all Dress Rehearsals is mandatory. **Dancers may not be absent at any time during the two weeks prior to scheduled performances,**

Adjudication or Festival. Plan to be at the theatre multiple days of the week for the major shows.

- *Rudolph* at the Lobero December 5th @ 2pm and 6pm
- *Nutcracker* at the Granada December 19th at 2pm and 7:30 pm and December 20th at 2pm
- Adjudication -Tuesday, March 1, 2016
- *Spring Celebration of Dance* at the Lobero on Saturday, March 12
- Festival May 4-May 8 (Wed-Sun) in Phoenix
- End of the Year All-School Performance of *Tina, the Ballerina* at the Lobero May 28 at 2 pm and 6 pm and May 29 at 2 pm

**Requests for exceptions to the performances and attendance to festival must be made in writing upon submission of the contract and will be considered at the Directors' discretion.

4. If a dancer has 5 absences without make-ups being arranged, a meeting will be called with the dancer's family to determine steps to be taken.

5. If there have been ten absences with little or no effort to make them up, the consequences may include, being dropped from all choreography with no refunds given or not being allowed to attend Festival as a performing member.

6. The 2015-2016 budget for the State Street Ballet Young Dancers includes the following:

- Annual dues for RDA/P
- Choreographers' fees
- Rehearsal costs
- Production costs including costumes
- Some administrative and office supply costs
- Spring Performance
- Partial chaperone costs
- Adjudicator hosting costs
- Website hosting annual fee
- Directors' fall meeting and festival costs
- Company leotard/dance top
- Company Photography and Videography
- Festival Raffle Prize
- Festival Raffle Tickets for dancers

7. The required dues per individual are \$600 due upon acceptance. SSBYD can only accept checks or cash. Once these fees are paid, they are nonrefundable, regardless of the circumstances. In addition, travel expenses to Festival, which are estimated on the last page, will be paid by each dancer individually. A late fee of \$15 will be assessed for all late payments. Each dancer will be responsible for all of their own festival expenses including transportation, hotel, festival kit, etc. The dancers must be involved in the bun bar at *Rudolph*, *Nutcracker*, and *Tina* rehearsals and shows to raise funds for group expenses. Dancers can also earn funds for SSBYD by being a Class Assistant (must keep a log and turn it in each semester.). Parents will be required to assist at the SSBYD adjudication and shows and we welcome assistance at the bun bar and in other areas. Gustafson Dance will provide financial assistance in the form of a work/trade arrangement for parents who are interested. There

will also be a scholarship application available for those in the Company Level with demonstrated financial need and merit. Please contact Allison for more information.

We are looking forward to this season and all that we can do together. We have loved working with the Level 4-6 dancers we currently have and would be happy to have each of you participate in SSBYD this year.

Sincerely,
Allison Gustafson and Nicole Comella
Co-Directors, SSB Young Dancers

SSBYD Dancer Contract/Code of Conduct 2015-2016

Please return this form with a check for the \$600 dues made out to SSBYD by August 28, 2015.

I, _____ (Student's name), agree to be a _____ (level of Company) member of the State Street Ballet Young Dancers for the 2015-2016 season (September 14-June 4). I understand that there are four divisions of dancers—Company, Apprentice 1 and 2, and Junior--and those levels are based on experience, level of technique and work ethic. Company and Apprentice 2 dancers have the opportunity to be cast in adjudicated works and may be invited to take the adjudication class. Apprentice 1 and Junior dancers will not be cast in any adjudicated works and will not take the adjudication class. I further understand that the choreographers choose the dancers they want to have perform their works. Even though I may not be in the adjudicated pieces, I recognize the value of being a part of this group, in that I will dance in choreography in the SSBYD show in the Spring, may understudy works I have not been chosen for and will attend the Festival as a member of the SSB Young Dancers. As a dancer, I agree to the Code of Conduct as outlined below:

1. I will attend the required classes for my level per week (as outlined in the Class Requirements document attached below) and all rehearsals. I will notify the office before 3:30pm on weekdays, and by 8:30 am on Saturdays if I become ill or if I am unexpectedly unable to attend that day. For any known absent dates, I will turn in a note in writing at least two weeks in advance, but preferably in September. I will also be responsible to take makeup classes, therefore maintaining the proper level of training, keeping my body strong and healthy, and contributing to the company as a unit.
2. I will represent Gustafson Dance, SSBYD and State Street Ballet Company to the best of my ability by behaving in a professional and respectful manner at all classes, rehearsals, performances and group activities.
3. I will show respect to all teachers, directors, choreographers, fellow dancers, parents, and theatre staff.
4. I will come to classes, rehearsals and performances in uniform, on time and prepared to work.

5. I will not consume alcoholic beverages or engage in drug use while a member of SSBYD. I understand that if I violate this rule, consequences may include probation or expulsion from SSBYD.
6. I will not miss class or rehearsals two weeks prior to a performance.
7. I will not miss any dress rehearsals or performances.
8. I will make sure that I have my List of Required Items.
9. I will pay attention in all classes and rehearsals, avoiding unnecessary conversations.
10. I will respect my fellow dancers, choreographers, teachers, chaperones and directors, by avoiding gossip, unhealthy competition and unnecessary discussion over the internet. I understand that all dancers in SSBYD are committed members of the Company and should be treated with the utmost respect regardless of abilities and casting.
11. I agree to participate fully in all bun bars and performances. I further agree to support other fundraising efforts for SSBYD.
12. I agree to sell 10 tickets to the Celebration of Dance performance on March 12. I am allowed to opt out of the group ticket sales if I add \$100 additional to the \$600 dues (\$700 total dues).
13. I agree to attend the Regional Dance America-Pacific Festival in Phoenix, AZ May 4-May 8, 2016.
14. I will show respect to all the parents of SSBYD dancers who are working hard to make my participation with SSBYD possible.
15. I will show responsibility by communicating directly with directors, teachers and choreographers when I need to.
16. In addition, I will uphold the policies in the Level Requirements Contract for my Level in the Gustafson Dance school program.

I understand my placement in the Company, what I am required to do and how I am expected to behave as outlined in the Code of Conduct.

_____ (Student Signature) _____ (Date)

I, _____ (Parent's name), agree to support my child's participation in the State Street Ballet Young Dancers. I agree to make the financial commitment of \$600 in dues, plus all Festival fees for my dancer. I will assist with preparations for adjudication and the Celebration of Dance performance on March 12 by being in charge of _____ or by paying an additional \$50 opt out fee (The parent volunteer commitment for SSBYD is separate from the parent volunteer commitment for Gustafson Dance.). Further, I will support the SSBYD mission to the best of my ability.

_____ (Parent Signature) _____ (Date)

Anticipated Individual Festival Travel Costs: \$1195 +\$200 spending
 Flight from Santa Barbara: \$350
 Hotel for 4 nights: \$250
 Spending and Meal Money: \$200
 Company Jacket for new members or anyone needing/wanting a new one -
 Approximately \$50
 Festival Kit Price: \$375
 Shared Chaperone Cost: \$120

List of Required Items

- Women:** Company Leotard (Style will be decided on in September and ordered)
Colored Leotard for appropriate class level
Black Leotards for festival classes
Black Chiffon wrap around Skirt
Pink Leather Ballet Shoes, Pointe Shoes, Toe protectors, Toe Tape
Non Slip Socks or Booties for over Pointe shoes at the theatre
Ballet Pink Tights
Black Tights
Black Jazz Pants
Black Jazz shorts
Black and Tan Jazz Shoes
Nude Undergarments, and any Undergarments needed for specific costumes (as needed).
Sparkle Earrings
Nail Polish Remover
Sewing Kit
Jet Glue/Super Glue for Pointe Shoes
Hair Supplies including Hair Nets and Gel
Theraband and Yoga Mat
Stage Make-up, including Deep Red Lipstick and lip liner
Purple, Brown and White Eye Shadow
Black Pencil and Liquid Eye Liner
White Pencil
Pencil Sharpener
Eyelashes and Glue
Face Make-up and Powder
Reddish Blush (not pinky pink)

- Men:** Company Dance top (Style will be decided in September and ordered)
White and Black T-Shirt/Dance Top
Black tights, Black Jazz Pants, Black Jazz Shorts
Black and White Ballet Shoes, Black and Tan Jazz Shoes
Light Stage Make-up
Dance Belt
Theraband and Yoga Mat

Suggested Items

- Character Skirt and Shoes (for women)
Foot Undies

Gustafson DANCE

Level 3C

2015-2016

Tuition: \$40 Reg Fee, \$990 per semester, or \$1040 for those doing Independent PE

Dress Code (includes ballet and jazz): Turquoise Leotard-Any Style, Pink Tights, Pink Leather Ballet Shoes, Skirt is optional and only to be worn center floor, Pointe Shoes, Hair secured away from face in a neat bun. Black Jazz Pants and Tan Jazz Shoes. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Tan tights may also be needed for a costume. Nude leotard for under costumes. Yoga Mat and Theraband for Tuesday conditioning.

No Jewelry (Small earrings ok), clear or light pink nail polish only. No street clothes over dance clothes in class. Warm-ups are only to be worn if necessary and must be designed for dance and be form fitting.

Required Core Classes: 3 ballet classes, plus Pointe and 1 Jazz Class per week. 4 Ballet classes plus Pointe and Jazz for those in Independent PE.

1. Mon: 5:30-7pm Level 3C&4A with Nicole
2. Tues: 4:30-6pm Level 3 Pointe and Conditioning with Allison and Corrie
3. Thurs: 4:30-5:45pm Level 3B&C with Nicole
4. Thurs: 5:45-7pm Jazz 3C&4A with Corrie
5. Sat: 9-10:30am Level 3 with Gary (for those in Independent PE or wanting an additional class)

Make-up Class Options:

Mon: 4:30-5:30 with Level 3B

Thurs: 3:30-4:30 with Level 3A

Fri: 4-5pm with Level 4A&B Pointe but taken on flat unless given permission to take on pointe.

Sat: 9-10:30am-if not already enrolled in this class

Performances:

FALL- Level 3C will perform one jazz dance in *Rudolph*- Sat, Dec. 5th @ 2pm & 6pm at the Lobero, and one ballet part in *Nutcracker* with State Street Ballet Company and live orchestra at the Granada Theatre-Sat, Dec. 19th @ 2pm& 7:30pm and Sun, Dec. 20th @ 2pm. The dancers may be in one or more performances of *Rudolph* and *Nutcracker*. Detailed Information on parts and shows will be posted by September.

SPRING-Level 3C will perform a minimum of two ballet and one jazz dance in *Tina the Ballerina* at the Lobero on Sat, May 28th @ 2pm and 6pm and Sun, May 29th at 2pm. They may dance in one or more performance.

Studio Rehearsals: Weekly Rehearsals for *Rudolph* will be done in Jazz class on Thursdays starting in October. Weekly Rehearsals for *Nutcracker* will be done in Level 3B&C class on Thursdays starting in October. Starting in February, weekly rehearsals for *Tina the Ballerina* will be done in Monday, Thursday and Saturday classes.

Theatre Dress Rehearsals: Spacing and Dress Rehearsals are mandatory for all three school performances. We especially cannot make any exceptions for the *Nutcracker* since it is a collaboration with the professional company, State Street Ballet, and incorporates an orchestra at a fully professional Union theatre.

Dress Rehearsal Dates: *Rudolph*: Wed, Dec. 2nd and Thurs, Dec. 3rd

Nutcracker: Tues(Studio), Wed-Fri(Theatre), Dec. 15-18th

Tina the Ballerina: Thurs-Fri, May 26th and 27th

Level Expectations: All previous level requirements plus, but not limited to the following:

Proper alignment & placement at barre & center with demonstrated control of center
Proper foot and knee placement (no rolling)
Knowledge of vocabulary and all body directions
Proper head and arm positions with all movements
Fondu with coordinated arms and legs
Double Frappe
Rond de Jambe En l'air
Knowledge of and ability to make 1, 2, 3 arabesque at 90 degrees
Fouette from a la second to arabesque en l'air
Attitude Devant and Derriere properly placed
Developpe at 90 degrees in all directions
Single en dehors from 5th & 4th, properly executed, including spotting, working on doubles
Single en dedans pirouette with fouette properly executed, including spotting, working on doubles
Clean single pique turns, working on doubles ½ pointe
Clean pique passé on pointe, working on clean single pique turns on pointe
Entrechat quatre, Entrechat royale
Sissone in all directions
Mazurka
Tour Jete properly executed
Grand jete with legs working toward 180 degrees
Ability to execute 8 consecutive releves in first centre floor with proper placement en pointe
Passe Releve properly executed en pointe, working toward single pirouettes
Pas De Bouree en pointe
Soutenu en pointe
Demonstrated musicality, quality of movement and able to pick up and retain choreography
Ability to work in various patterns such as manege, zig zag, etc.

Policies for Level 3C

*Any schedule conflicts need to be given in writing, in advance. Please know that casting may be changed if a significant amount of classes or rehearsals are missed for any reason.

*Keep your email and phone numbers current with our office and notify us if you have not received weekly emails.

*If you are too sick to attend class and/or rehearsal, please contact the office BEFORE 3pm and give a legitimate reason for your last minute absence.

*Classes can and should be made up.

*Dancers may not miss any classes or rehearsals the two weeks prior to any performance. If illness keeps one from attending class, the class must be made up before the performance.

*If you are well enough to actively observe class or rehearsal (no fever), which can be a valuable experience, you will not be marked absent. Actively observing means paying attention- not talking, reading, sleeping or lounging.

*If you do not take class, you may not participate in rehearsal unless you have done a proper self warm up. (We have warm up guidelines for you to follow if needed.)

*If you miss a technique class, you will not be allowed to take the following pointe class on pointe unless you have done a makeup class that week. This policy is in place to ensure the safety of the dancer and to encourage consistent attendance in all classes.

*Please be sure to let the teacher know if you are taking a make-up class so he/she can mark it down properly.

*The dress code must be adhered to at all times, including proper hair, shoe elastics need to be sewn on, pointe shoe ribbons properly sewn and tied, no jewelry. NO STREET CLOTHES are to be worn, and no shoe Booties to be worn during class or rehearsal. If you have a specific reason for being out of dress code, please let your instructor know before class begins.

* We expect good behavior from all students, including respect shown to all teachers, staff, younger and older dancers and parents, as well as all property of Gustafson Dance, State Street Ballet, all theatres and other dancers' belongings.

*Dancers need to have proper foot care items such as band aids, toe tape, nail clippers, jet glue for shoes, as well as sewing kits. Dancers need to maintain proper hygiene with respect to their feet to avoid infected blisters. Dancers should wash feet with soap and water as soon as they get home from dance class.

*Dancers need to have hair supplies and makeup for performances, including fake eyelashes for Nutcracker. For Lobero shows, eyelashes may be optional. Dancers can use the Bun Bar for hair and makeup, but would need to provide their own fake eyelashes.

*We expect supportive, appropriate and positive conversation among dancers and parents. If you need or want to express concerns or frustrations, please do so outside of the studio, or make an appointment to meet with Allison or Nicole. We do not tolerate any inappropriate or negative comments regarding the studio, any teacher, staff, dancer or parent on public Social Media sites.

*There is to be no eating in the bathrooms, or inside the dance studios. This is SMELLY, UNCLEAN, and RAT INVITING! Please eat outside!

*If you have Independent PE forms to be signed, please bring them with a pen to Nicole or Allison before or after class-not during class. For Progress Reports or Letters of Recommendations, please give Allison at least two week's notice. Remember that dancers in Independent PE are receiving school credit and/or a grade for classes. Students must take the required minimum of 7.5 hours per week in order to have their forms signed. If dancers miss classes due to illness or other reasons, classes must be made up (Rehearsals do not count as make-up classes.). If there are more than two absences without make-ups, the Independent PE liaison at the school will be called.

Signing of this document indicates the understanding, respect of and agreement to adhering to these policies.

Dancer's Name: _____

Level: _____ Date: _____

Dancer's Signature: _____

Parent's Signature: _____

Gustafson DANCE

Level 4A

2015-2016

Tuition: \$40 Reg Fee, \$1040 per semester. SSBYD Fees are separate.

Dress Code: Rose Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink Leather Ballet Shoes, Pointe Shoes, Black ballet skirt, Nude leotard for under costumes, Hair Secured away from face in a neat bun. Black Jazz Pants and Tan Jazz Shoes. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Tan tights may be needed for a costume. Yoga Mat and Theraband for Friday conditioning.

No Jewelry (Small earrings ok), clear or light pink nail polish only. No street clothes over dance clothes in class. Warm-ups are only to be worn if necessary and must be designed for dance and be form fitting.

Required Core Classes: 3 ballet classes per week (minimum) plus Pointe and 1 Jazz Class per week.

1. Mon: 5:30-7pm Level 3C&4A&B with Nicole
2. Thurs: 4:30-5:45pm Level 4A&B with Allison
3. Thurs: 5:45-7pm Jazz 3C&4A with Corrie
3. Fri: 3:30-4pm Conditioning with Nicole, 4-5:00pm Pointe with Allison or Marina
4. Sat: 10:30-12 Level 4&5 with Allison

Additional Class Options: Allowed to take the following classes as makeup classes.

- Mon: 4:30-5:30pm Level 3B&C with Allison
- Tues: 4:30-6pm Level 4B&C with Gary
- Tues: 6-7:00pm Jazz 4B with TBA
- Wed: 4:15-5:30pm Level 4C with Nicole
- Sat: 9-10:30am open teen and adult class

Performances:

FALL- Level 4A will perform one jazz dance in *Rudolph*- Sat, Dec. 5th @ 2pm & 6pm at the Lobero, and one ballet part in *Nutcracker* with State Street Ballet Company and live orchestra at the Granada Theatre-Sat, Dec. 19th @ 2pm & 7:30pm and Sun, Dec. 20th @ 2pm. The dancers may be in one or more performances of *Rudolph* and *Nutcracker*. Detailed Information on parts and shows will be posted by September. SSBYD dancers will also have a ballet part in *Rudolph*.

SPRING- Level 4A will perform a minimum of two ballet and one jazz dance in *Tina the Ballerina* at the Lobero on Sat, May 28th @ 2pm and 6pm and Sun, May 29th at 2pm. They may dance in one or more performance. In addition, SSBYD dancers will perform in *Celebration of Dance* on Sat, March 13th at the Lobero.

Studio Rehearsals: Dancers in Level 4A will rehearse for ballet parts in performances outside of ballet class on Fridays and Saturdays (with the exception of the Monday class for *Tina the Ballerina* in Spring). Jazz dances for *Rudolph* and *Tina the Ballerina* will be rehearsed in Thursday Jazz class. Dancers and Parents must get used to checking the Friday and Saturday rehearsal schedule weekly, but should assume that there will be rehearsal most weekends. The schedule will go out each Monday and will be posted on the website, on the board in the studio and emailed. Non SSBYD dancers can expect to have few to no rehearsals on Fri or Sat in Jan/Feb but will resume rehearsals for *Tina the Ballerina* in March. Dancers must keep these days and times open.

Fri: 5-7pm

Sat: 12:30-3:30pm, Some Saturdays will require staying until 4:30 or 5pm.

Occasionally Tues: 6-8pm when a show is coming up. You will be given plenty of notice for any additional rehearsals.

Theatre Dress Rehearsals: Spacing and Dress Rehearsals are mandatory for all three school performances. We especially cannot make any exceptions for the Nutcracker since it is collaboration with the professional company, State Street Ballet and incorporates an orchestra at a fully professional Union theatre.
Dress Rehearsal Dates: *Rudolph*: Wed, Dec. 2nd and Thurs, Dec. 3rd

Nutcracker: Tues(Studio), Wed-Fri(Theatre), Dec. 15-18th

Tina the Ballerina: Thurs-Fri, May 26th and 27th

Level Expectations: All previous level requirements plus, but not limited to the following:
Proper alignment & placement at barre & center with demonstrated control of center (mainly abs)
Proper foot and knee placement (no rolling)
Proper head and arm positions and coordination with all movements
Develope above 90 degrees in all directions.
Penche properly executed
Double en dehors & en dedans pirouettes from fifth & fourth properly executed, including spotting
Clean single pique turns, working on doubles ½ pointe
Clean single pique turns on pointe
Ability to execute 16 consecutive releves in first centre floor with proper placement en pointe
Single pirouettes properly executed en pointe
Pique arabesque on pointe with proper placement with leg at 45 degrees or higher
Grand jete with legs at 180 degrees
Demonstrated musicality, quality of movement and able to pick up and retain choreography

Policies for Level 4A

- *Dancers and Parent(s) must attend a fall informational meeting or get the information given from another parent.
- *Dancers and Parent(s) must be responsible to check the posted schedule and emails regularly.
- *Keep your email and phone numbers current with our office and notify us if you have not received weekly emails.
 - *Any schedule conflicts need to be given in writing, in advance. Please know that casting may be changed if a significant amount of classes or rehearsals are missed for any reason.
- *If you are too sick to attend class and/or rehearsal, please contact the office BEFORE 3pm and give a legitimate reason for your last minute absence.
- *Classes can and should be made up, but rehearsals cannot be made up.
- *If you have an unavoidable conflict, please let us know as far in advance as possible. We do our best to schedule rehearsals around a major conflict if possible, but we need advance notice (more than two weeks). We do, however, expect that families of and dancers in Level 4-6 will weigh heavily their commitment to dance and understand that every absence, especially to rehearsals, affects the group.
- *Dancers may not miss any classes or rehearsals the two weeks prior to any performance. If illness keeps one from attending class, the class must be made up before the performance.
- *If you are well enough to actively observe class or rehearsal (no fever), which can be a valuable experience, you will not be marked absent. Actively observing means paying attention- not talking, reading, sleeping or lounging.
- *If you do not take class, you may not participate in rehearsal unless you have done a proper self warm up. (We have warm up guidelines for you to follow if needed.)

- *If attendance becomes an issue, we will need to meet with you and your parents to come up with a plan, but you may be restricted from Pointe work until attendance is regular.
- *Saturdays Off- On occasion, we will give a Saturday off of rehearsal. There will always be one class that you can attend on the Saturday Off if you want to come. That class can be counted as a make-up.
- *Please be sure to let the teacher know if you are taking a make-up class so her/she can mark it down properly.
- *The dress code must be adhered to at all times, including proper hair, shoe elastics need to be sewn on, pointe shoe ribbons properly sewn and tied, no jewelry. NO STREET CLOTHES are to be worn, and no shoe Booties to be worn during class or rehearsal. If you have a specific reason for being out of dress code, please let your instructor know before class begins.
- * We expect good behavior from all students, including respect shown to all teachers, staff, younger and older dancers and parents, as well as all property of Gustafson Dance, State Street Ballet, all theatres and other dancers' belongings.
- *Dancers need to have proper foot care items such as band aids, toe tape, nail clippers, jet glue for shoes, as well as sewing kits. Dancers need to maintain proper hygiene with respect to their feet to avoid infected blisters. Dancers should wash feet with soap and water as soon as they get home from dance class.
- *Dancers need to have hair supplies and makeup for performances, including fake eyelashes.
- *We expect supportive, appropriate and positive conversation among dancers and parents. If you need or want to express concerns or frustrations, please do so outside of the studio, or make an appointment to meet with Allison or Nicole. We do not tolerate any inappropriate or negative comments regarding the studio, any teacher, staff, dancer or parent on public Social Media sites.
- *There is to be no eating in the bathrooms, or inside the dance studios. This is SMELLY, UNCLEAN, and RAT INVITING! Please eat outside!
- *If you have Independent PE forms to be signed, please bring them with a pen to Nicole or Allison before or after class-not during class. For Progress Reports or Letters of Recommendations, please give Allison at least two week's notice. Remember that dancers in Independent PE are receiving school credit and/or a grade for classes. Students must take the required minimum of 7.5 hours per week in order to have their forms signed. If dancers miss classes due to illness or other reasons, classes must be made up (Rehearsals do not count as make-up classes.). If there are more than two absences without make-ups, the Independent PE liaison at the school will be called.

Signing of this document indicates the understanding, respect of and agreement to adhering to these policies.

Dancer's Name: _____

Level: _____ Date: _____

Dancer's Signature: _____

Parent's Signature: _____

Gustafson DANCE

Level 4B

2015-2016

Tuition: \$40 Reg Fee, \$1040 per semester. SSBYD Fees are separate.

Dress Code: Rose Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink Leather Ballet Shoes, Pointe Shoes, Black ballet skirt, Nude leotard for under costumes, Hair Secured away from face in a neat bun. Black Jazz Pants and Tan Jazz Shoes. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Tan tights may be needed for a costume. Yoga Mat and Theraband for Friday conditioning.

No Jewelry (Small earrings ok), clear or light pink nail polish only. No street clothes over dance clothes in class. Warm-ups are only to be worn if necessary and must be designed for dance and be form fitting.

Required Core Classes: 3 ballet classes per week (minimum), plus Pointe and 1 Jazz Class per week.

1. Tues: 4:30-6pm Level 4B&C with Gary or SSBYD class with Nicole if in Apprentice 2 Level
2. Tues: 6-7:00pm Jazz 4B with Corrie
3. Thurs: 4:30-5:45pm Level 4A&B with Allison
3. Fri: 3:30-4pm Conditioning with Nicole, 4-5:00pm Pointe with Allison or Marina
4. Sat: 10:30-12 Level 4&5 with Allison

Additional Class Options: Allowed to take the following classes as makeup or additional classes if Core Classes are attended:

- Mon: 5:30-7pm Level 3C&4A&B with Nicole
- Wed: 4:15-5:30pm Level 4C with Nicole
- Wed: 5:30-7pm Jazz 4C with Corrie
- Thurs: 5:45-7pm Jazz 3C&4A with Corrie
- Sat: 9-10:30am open teen and adult class

Performances:

FALL- Level 4B will perform one jazz dance in *Rudolph*- Sat, Dec. 5th @ 2pm & 6pm at the Lobero, and one ballet part in *Nutcracker* with State Street Ballet Company and live orchestra at the Granada Theatre-Sat, Dec. 19th @ 2pm & 7:30pm and Sun, Dec. 20th @ 2pm. The dancers may be in one or more performances of *Rudolph* and *Nutcracker*. Detailed Information on parts and shows will be posted by September. SSBYD dancers will also have a ballet part in *Rudolph*.

SPRING-Level 4B will perform a minimum of two ballet and one jazz dance in *Tina the Ballerina* at the Lobero on Sat, May 28th @ 2pm and 6pm and Sun, May 29th at 2pm. They may dance in one or more performance. In addition, SSBYD dancers will perform in *Celebration of Dance* on Sat, March 13th at the Lobero.

Studio Rehearsals: Dancers in Level 4B will rehearse for ballet parts in performances outside of ballet class on Fridays and Saturdays. Jazz dances for *Rudolph* and *Tina the Ballerina* will be rehearsed in Tuesday Jazz class. Dancers and Parents must get used to checking the Friday and Saturday rehearsal schedule weekly, but should assume that there will be rehearsal most weekends. The schedule will go out each Monday and will be posted on the website, on the board in the studio and emailed. Non SSBYD dancers can expect to have few to no rehearsals on Fri or Sat in Jan/Feb but will resume rehearsals for *Tina the Ballerina* in March. Dancers must keep these days and times open.

Fri: 5-7pm

Sat: 12:30-3:30pm, Some Saturdays will require staying until 4:30 or 5

Occasionally Tues: 7-8pm when a show is coming up. You will be given plenty of notice for any additional rehearsals.

Theatre Dress Rehearsals: Spacing and Dress Rehearsals are mandatory for all three school performances. We especially cannot make any exceptions for the Nutcracker since it is collaboration with the professional company, State Street Ballet and incorporates an orchestra at a fully professional Union theatre.
Dress Rehearsal Dates: *Rudolph*: Wed, Dec. 2nd and Thurs, Dec. 3rd
Nutcracker: Tues(Studio), Wed-Fri(Theatre), Dec. 15-18th
Tina the Ballerina: Thurs-Fri, May 26th and 27th

Level Expectations: All previous level requirements (some listed here) plus, but not limited to the following:

Proper alignment & placement at barre & center with demonstrated control of center (mainly abs)
Proper foot and knee placement (no rolling)
Proper head and arm positions and coordination with all movements
Developpe above 90 degrees in all directions.
Penche properly executed
Double en dehors & en dedans pirouettes from fifth & fourth properly executed, including spotting
Working on Double pique turns
Ability to execute 16 consecutive releves in first centre floor with proper placement en pointe
Double pirouettes properly executed en pointe
Clean single pique turns on pointe, working on doubles
Grand jete with legs at 180 degrees
Demonstrated musicality
Demonstrated quality of movement
Able to pick up and retain choreography
Sixteen consecutive fouettes on flat
Ballotte, Ballonne
Pique arabesque on pointe with proper placement with leg at 45 degrees or higher
Emboite en pointe and saute en tournant
Assemble battu and jete battu

Policies for Level 4B

- *Dancers and Parent(s) must attend a fall informational meeting or get the information given from another parent.
- *Dancers and Parent(s) must be responsible to check the posted schedule and emails regularly.
- *Keep your email and phone numbers current with our office and notify us if you have not received weekly emails.
 - *Any schedule conflicts need to be given in writing, in advance. Please know that casting may be changed if a significant amount of classes or rehearsals are missed for any reason.
- *If you are too sick to attend class and/or rehearsal, please contact the office BEFORE 3pm and give a legitimate reason for your last minute absence.
- *Classes can and should be made up, but rehearsals cannot be made up.
- *If you have an unavoidable conflict, please let us know as far in advance as possible. We do our best to schedule rehearsals around a major conflict if possible, but we need advance notice (more than two weeks). We do, however, expect that families of and dancers in Level 4-6 will weigh heavily their commitment to dance and understand that every absence, especially to rehearsals, affects the group.

*Dancers may not miss any classes or rehearsals the two weeks prior to any performance. If illness keeps one from attending class, the class must be made up before the performance.

*If you are well enough to actively observe class or rehearsal (no fever), which can be a valuable experience, you will not be marked absent. Actively observing means paying attention- not talking, reading, sleeping or lounging.

*If you do not take class, you may not participate in rehearsal unless you have done a proper self warm up. (We have warm up guidelines for you to follow if needed.)

*If attendance becomes an issue, we will need to meet with you and your parents to come up with a plan, but you may be restricted from Pointe work until attendance is regular.

*Saturdays Off- On occasion, we will give a Saturday off of rehearsal. There will always be one class that you can attend on the Saturday Off if you want to come. That class can be counted as a make-up.

*Please be sure to let the teacher know if you are taking a make-up class so it can be marked properly.

*The dress code must be adhered to at all times, including proper hair, shoe elastics need to be sewn on, pointe shoe ribbons properly sewn and tied, no jewelry. NO STREET CLOTHES are to be worn, and no shoe Booties to be worn during class or rehearsal. If you have a specific reason for being out of dress code, please let your instructor know before class begins.

* We expect good behavior from all students, including respect shown to all teachers, staff, younger and older dancers and parents, as well as all property of Gustafson Dance, State Street Ballet, all theatres and other dancers' belongings.

*Dancers need to have proper foot care items such as band aids, toe tape, nail clippers, glue for shoes, as well as sewing kits. Dancers need to maintain proper hygiene with respect to their feet to avoid infected blisters. Dancers should wash feet with soap and water as soon as they get home from dance class.

*Dancers need to have hair supplies and makeup for performances, including fake eyelashes.

*We expect supportive, appropriate and positive conversation among dancers and parents. If you need or want to express concerns or frustrations, please do so outside of the studio, or make an appointment to meet with Allison or Nicole. We do not tolerate any inappropriate or negative comments regarding the studio, any teacher, staff, dancer or parent on public Social Media sites.

*There is to be no eating in the bathrooms, or inside the dance studios. This is SMELLY, UNCLEAN, and RAT INVITING! Please eat outside!

*If you have Independent PE forms to be signed, please bring them with a pen to Nicole or Allison before or after class-not during class. For Progress Reports or Letters of Recommendations, please give Allison at least two week's notice. Remember that dancers in Independent PE are receiving school credit and/or a grade for classes. Students must take the required minimum of 7.5 hours per week in order to have their forms signed. If dancers miss classes due to illness or other reasons, classes must be made up (Rehearsals do not count as make-up classes.). If there are more than two absences without make-ups, the Independent PE liaison at the school will be called.

Signing of this document indicates the understanding, respect of and agreement to adhering to these policies.

Dancer's Name: _____ Level: _____ Date: _____

Dancer's Signature: _____

Parent's Signature: _____

Gustafson DANCE

Level 4C

2015-2016

Tuition: \$40 Reg Fee, \$1040 per semester. SSBYD Fees are separate.

Dress Code: Purple (not lavender) Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink Leather Ballet Shoes, Pointe Shoes, Black ballet skirt, Nude leotard for under costumes, Hair Secured away from face in a neat bun. Black Jazz Pants and Tan Jazz Shoes. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Tan tights may be needed for a costume. Yoga Mat and Theraband for Friday conditioning.

No Jewelry (Small earrings ok), clear or light pink nail polish only. No street clothes over dance clothes in class. Warm-ups are only to be worn if necessary and must be designed for dance and be form fitting.

Required Core Classes: 3 ballet classes per week, including Pointe and 1 Jazz Class per week.

1. Tues: 4:30-6pm Level 4B&C with Gary or SSBYD class with Nicole if in Apprentice 2 level.
2. Wed: 4:15-5:30pm Level 4C with Nicole
3. Wed: 5:30-7pm Jazz 4C with Corrie
4. Fri: 3:30-4pm Conditioning with Nicole, 4-5:00pm Pointe with Allison or Marina
5. Sat: 10:30-12 Level 4B&C with Allison

Additional Class Options: Allowed to take the following classes as makeup or additional classes if Core Classes are attended:

- Mon: 5:30-7pm Level 4C&5&6 with Allison (optional/additional if attending T, W, F, S)
- Mon: 7-8:15pm Jazz 5&6 with Corrie
- Tues: 6-7:00pm Jazz 4B with Corrie if not in rehearsal
- Thurs: 4:30-5:45pm Level 4A&B with Allison or Thurs 6-7:30 open teen and adult class
- Sat: 9-10:30 open teen and adult class

Performances:

FALL- Level 4C will perform one jazz dance in *Rudolph*- Sat, Dec. 5th @ 2pm & 6pm at the Lobero, and one ballet part in *Nutcracker* with State Street Ballet Company and live orchestra at the Granada Theatre-Sat, Dec. 19th @ 2pm& 7:30pm and Sun, Dec. 20th @ 2pm. The dancers may be in one or more performances of *Rudolph* and *Nutcracker*. Detailed Information on parts and shows will be posted by September. SSBYD dancers will also have a ballet part in *Rudolph*.

SPRING-Level 4C will perform a minimum of two ballet and one jazz dance in *Tina the Ballerina* at the Lobero on Sat, May 28th @ 2pm and 6pm and Sun, May 29th at 2pm. They may dance in one or more performance. In addition, SSBYD dancers will be involved in Adjudication at the studio on March 1st and perform in *Celebration of Dance* on Sat, March 13th at the Lobero.

Studio Rehearsals: Dancers in Level 4C will rehearse for ballet parts in performances outside of ballet class on Tuesdays (if in SSBYD), Fridays and Saturdays. Jazz dances for *Rudolph* and *Tina the Ballerina* will be rehearsed in Wednesday Jazz class. Dancers and Parents must get used to checking the Tuesday, Friday and Saturday rehearsal schedule weekly, but should assume that there will be rehearsal most weekends. The schedule will go out each Monday and will be posted on the website, on the board in the studio and emailed. Non SSBYD dancers can expect to have few to no rehearsals in Jan/Feb but will resume rehearsals for *Tina the Ballerina* in March. Dancers must keep these days and times open.

- Tues: 6-8pm if in SSBYD, and occasionally for those not in SSBYD, especially close to a show
- Fri: 5-7pm
- Sat: 12:30-3:30pm, Some Saturdays will require staying until 4:30 or 5

Theatre Dress Rehearsals: Spacing and Dress Rehearsals are mandatory for all three school performances. We especially cannot make any exceptions for the Nutcracker since it is collaboration with the professional company, State Street Ballet and incorporates an orchestra at a fully professional Union theatre.
Dress Rehearsal Dates: *Rudolph*: Wed, Dec. 2nd and Thurs, Dec. 3rd

Nutcracker: Tues(Studio), Wed-Fri(Theatre), Dec. 15-18th

Tina the Ballerina: Thurs-Fri, May 26th and 27th

Level Expectations: All previous level requirements (some listed here) plus, but not limited to the following:

Proper alignment & placement at barre & center with demonstrated control of center (mainly abs)

Proper foot and knee placement (no rolling)

Proper head and arm positions and coordination with all movements

Developpe above 90 degrees in all directions.

Penche properly executed

Double en dehors & en dedans pirouettes from fifth & fourth properly executed, including spotting

Consecutive Double pique turns ½ pointe working toward consecutive double pique turns en pointe

16 consecutive releves in first and 8 each leg centre floor with proper placement en pointe

Double pirouettes properly executed en pointe

Pique arabesque on pointe with proper placement with leg at 90 degrees

Grand jete with legs at 180 degrees

Demonstrated musicality

Demonstrated quality of movement

Able to pick up and retain choreography

Eight consecutive fouettes en pointe and sixteen half-pointe

Ballotte, Ballonne

Brise

Italian Pas De Chat

Emboite en pointe and saute en tournant

Assemble battu and jete battu

Policies for Level 4C

*Dancers and Parent(s) must attend a fall informational meeting or get the information given from another parent.

*Dancers and Parent(s) must be responsible to check the posted schedule and emails regularly.

*Keep your email and phone numbers current with our office and notify us if you have not received weekly emails.

*Any schedule conflicts need to be given in writing, in advance. Please know that casting may be changed if a significant amount of classes or rehearsals are missed for any reason.

*If you are too sick to attend class and/or rehearsal, please contact the office BEFORE 3pm and give a legitimate reason for your last minute absence.

*Classes can and should be made up, but rehearsals cannot be made up.

*If you have an unavoidable conflict, please let us know as far in advance as possible. We do our best to schedule rehearsals around a major conflict if possible, but we need advance notice (more than two weeks). We do, however, expect that families of and dancers in Level 4-6 will weigh heavily their commitment to dance and understand that every absence, especially to rehearsals, affects the group.

*Dancers may not miss any classes or rehearsals the two weeks prior to any performance. If illness keeps one from attending class, the class must be made up before the performance.

*If you are well enough to actively observe class or rehearsal (no fever), which can be a valuable experience, you will not be marked absent. Actively observing means paying attention- not talking, reading, sleeping or lounging.

*If you do not take class, you may not participate in rehearsal unless you have done a proper self warm up. (We have warm up guidelines for you to follow if needed.)

*If attendance becomes an issue, we will need to meet with you and your parents to come up with a plan, but you may be restricted from Pointe work until attendance is regular.

*Saturdays Off- On occasion, we will give a Saturday off of rehearsal. There will always be one class that you can attend on the Saturday Off if you want to come. That class can be counted as a make-up.

*Please be sure to let the teacher know if you are taking a make-up class so it can be marked down.

*The dress code must be adhered to at all times, including proper hair, shoe elastics need to be sewn on, pointe shoe ribbons properly sewn and tied, no jewelry. NO STREET CLOTHES are to be worn, and no shoe Booties to be worn during class or rehearsal. If you have a specific reason for being out of dress code, please let your instructor know before class begins.

* We expect good behavior from all students, including respect shown to all teachers, staff, younger and older dancers and parents, as well as all property of Gustafson Dance, State Street Ballet, all theatres and other dancers' belongings.

*Dancers need to have proper foot care items such as band aids, toe tape, nail clippers, gluefor shoes, as well as sewing kits. Dancers need to maintain proper hygiene with respect to their feet to avoid infected blisters. Dancers should wash feet with soap and water as soon as they get home from dance class.

*Dancers need to have hair supplies and makeup for performances, including fake eyelashes.

*We expect supportive, appropriate and positive conversation among dancers and parents. If you need or want to express concerns or frustrations, please do so outside of the studio, or make an appointment to meet with Allison or Nicole. We do not tolerate any inappropriate or negative comments regarding the studio, any teacher, staff, dancer or parent on public Social Media sites.

*There is to be no eating in the bathrooms, or inside the dance studios. This is SMELLY, UNCLEAN, and RAT INVITING! Please eat outside!

*If you have Independent PE forms to be signed, please bring them with a pen to Nicole or Allison before or after class-not during class. For Progress Reports or Letters of Recommendations, please give Allison at least two week's notice. Remember that dancers in Independent PE are receiving school credit and/or a grade for classes. Students must take the required minimum of 7.5 hours per week in order to have their forms signed. If dancers miss classes due to illness or other reasons, classes must be made up (Rehearsals do not count as make-up classes.). If there are more than two absences without make-ups, the Independent PE liaison at the school will be called.

Signing of this document indicates the understanding, respect of and agreement to adhering to these policies.

Dancer's Name: _____ Level: _____ Date: _____

Dancer's Signature: _____

Parent's Signature: _____

Gustafson DANCE

Level 5 2015-2016

Tuition: \$40 Reg Fee, \$1040 per semester. SSBYD Fees are separate.

Dress Code: Royal Blue Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink Leather Ballet Shoes, Pointe Shoes, Black ballet skirt, Nude leotard for under costumes, Hair Secured away from face in a neat bun. Black Jazz Pants and Tan Jazz Shoes. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Tan tights may be needed for a costume. Yoga Mat and Theraband for Friday conditioning.

No Jewelry (Small earrings ok), clear or light pink nail polish only. No street clothes over dance clothes in class. Warm-ups are only to be worn if necessary and must be designed for dance and be form fitting.

Required Core Classes: 3 ballet classes (min), plus Pointe and either Jazz or Contemporary per week (or both). Choose Mon or Wed schedule or both, along with Tues (if SSBYD), Fri and Sat. If not in SSBYD, choose 3 ballet classes plus Pointe and either Jazz or Contemporary.

1. Mon: 5:30-7pm Level 4C&5&6 with Allison
2. Mon: 7-8:15 Jazz 5&6 with Corrie
3. Tues: 4:30-6pm SSBYD Co and App 2 Class with Nicole only for those in SSBYD.
4. Wed: 3:30-5:00pm Level 5&6 with Gary
5. Wed: 5:00-6:30pm Contemporary Level 5&6 with Brooke
6. Fri: 3:30-4pm Conditioning with Nicole, 4-5:00pm Pointe with Marina or Nicole
7. Sat: 10:30-12 SSBYD Co class with Gary, or Level 4&5 for non SSBYD with Allison

Additional Class Options: Allowed to take the following classes as makeup or additional classes if Core Classes are attended:

- Thurs 6-7:30 open teen and adult class
- Sat: 9-10:30 open teen and adult class

Performances:

FALL- Level 5 may perform one jazz dance in *Rudolph* (if in Mon Jazz 5&6 class)- Sat, Dec. 5th @ 2pm & 6pm at the Lobero, and one ballet part in *Nutcracker* with State Street Ballet Company and live orchestra at the Granada Theatre-Sat, Dec. 19th @ 2pm& 7:30pm and Sun, Dec. 20th @ 2pm. The dancers may be in one or more performances of *Rudolph* and *Nutcracker*. Detailed Information on parts and shows will be posted by September. SSBYD dancers will also have at least one ballet part in *Rudolph*.

SPRING-Level 5 will perform a minimum of one ballet and possibly one jazz/contemporary dance in *Tina the Ballerina* at the Lobero on Sat, May 28th @ 2pm and 6pm and Sun, May 29th at 2pm. They may dance in one or more performance. In addition, SSBYD dancers will be involved in Adjudication at the studio on March 1st and in *Celebration of Dance* on Sat, March 13th at the Lobero.

Studio Rehearsals: Dancers in Level 5 will rehearse for ballet parts in performances outside of ballet class on Tuesdays (mostly if in SSBYD, but sometimes all Level 5 needs to rehearse on Tuesday), Fridays and Saturdays. If a Jazz dance is performed in *Rudolph* and *Tina the Ballerina*, those will be rehearsed in Monday Jazz class. Dancers and Parents must get used to checking the Tuesday, Friday and Saturday rehearsal schedule weekly, but should assume that there will be rehearsal most weekends. The schedule will go out each Monday and will be posted on the website, on the board in the studio and emailed. Non SSBYD dancers can expect to have few to no rehearsals in Jan/Feb but will resume rehearsals for *Tina the Ballerina* in March. Dancers must keep these days and times open.

- Tues: 6-8pm if in SSBYD, and often for those not in SSBYD, especially close to a show
- Fri: 5-7pm
- Sat: 12:30-3:30pm, Some Saturdays will require staying until 4:30 or 5

Theatre Dress Rehearsals: Spacing and Dress Rehearsals are mandatory for all three school performances. We especially cannot make any exceptions for the Nutcracker since it is collaboration with the professional company, State Street Ballet and incorporates an orchestra at a fully professional Union theatre.
Dress Rehearsal Dates: *Rudolph*: Wed, Dec. 2nd and Thurs, Dec. 3rd

Nutcracker: Tues(Studio), Wed-Fri(Theatre), Dec. 15-18th

Tina the Ballerina: Thurs-Fri, May 26th and 27th

Level Expectations: All previous level requirements (some listed here) plus, but not limited to the following:

Proper alignment & placement at barre & center with demonstrated control of center (mainly abs)

Proper foot and knee placement (no rolling)

Proper head and arm positions and coordination with all movements

Developpe above 90 degrees in all directions.

Penche properly executed

Double en dehors & en dedans pirouettes from fifth & fourth properly executed, including spotting

Ability to execute 16 consecutive releves in first, and 16 on single leg centre floor with proper placement en pointe

Double pirouettes properly executed en pointe

Pique arabesque on pointe with proper placement with leg above 90 degrees

Grand jete with legs at 180 degrees

Demonstrated musicality and quality of movement

Sixteen consecutive fouettes en pointe

Ballotte, Ballonne

Emboite en pointe and saute en tournant

Assemble battu and jete battu

Ease of Movement in centre work and choreography

Petit Allegro with beats, Petit Allegro over and under

Brise properly executed

Italian Pas de chat

Italian Fouette en pointe

Saute Fouette properly executed

Working on Entre chat six

32 releve arabesque en pointe travelling backwards

Consecutive double pique turns en pointe

Ability to perform two classical variations

Policies for Level 5

- *Dancers and Parent(s) must attend a fall informational meeting or get the information given from another parent.
- *Dancers and Parent(s) must be responsible to check the posted schedule and emails regularly.
- *Keep your email and phone numbers current with our office and notify us if you have not received weekly emails.
 - *Any schedule conflicts need to be given in writing, in advance. Please know that casting may be changed if a significant amount of classes or rehearsals are missed for any reason.
- *If you are too sick to attend class and/or rehearsal, please contact the office BEFORE 3pm and give a legitimate reason for your last minute absence.
- *Classes can and should be made up, but rehearsals cannot be made up.
- *If you have an unavoidable conflict, please let us know as far in advance as possible. We do our best to schedule rehearsals around a major conflict if possible, but we need advance notice (more than two weeks). We do, however, expect that families of and dancers in Level 4-6 will weigh heavily their commitment to dance and understand that every absence, especially to rehearsals, affects the group.
- *Dancers may not miss any classes or rehearsals the two weeks prior to any performance. If illness keeps one from attending class, the class must be made up before the performance.
- *If you are well enough to actively observe class or rehearsal (no fever), which can be a valuable experience, you will not be marked absent. Actively observing means paying attention- not talking, reading, sleeping or lounging.
- *If you do not take class, you may not participate in rehearsal unless you have done a proper self warm up. (We have warm up guidelines for you to follow if needed.)
- *If attendance becomes an issue, we will need to meet with you and your parents to come up with a plan, but you may be restricted from Pointe work until attendance is regular.
- *Saturdays Off- On occasion, we will give a Saturday off of rehearsal. There will always be one class that you can attend on the Saturday Off if you want to come. That class can be counted as a make-up.
- *Please be sure to let the teacher know if you are taking a make-up class so her/she can mark it down properly.
- *The dress code must be adhered to at all times, including proper hair, shoe elastics need to be sewn on, pointe shoe ribbons properly sewn and tied, no jewelry. NO STREET CLOTHES are to be worn, and no shoe Booties to be worn during class or rehearsal. If you have a specific reason for being out of dress code, please let your instructor know before class begins.
- * We expect good behavior from all students, including respect shown to all teachers, staff, younger and older dancers and parents, as well as all property of Gustafson Dance, State Street Ballet, all theatres and other dancers' belongings.
- *Dancers need to have proper foot care items such as band aids, toe tape, nail clippers, jet glue for shoes, as well as sewing kits. Dancers need to maintain proper hygiene with respect to their feet to avoid infected blisters. Dancers should wash feet with soap and water as soon as they get home from dance class.
- *Dancers need to have hair supplies and makeup for performances, including fake eyelashes.
- *We expect supportive, appropriate and positive conversation among dancers and parents. If you need or want to express concerns or frustrations, please do so outside of the studio, or make an appointment to meet with

Allison or Nicole. We do not tolerate any inappropriate or negative comments regarding the studio, any teacher, staff, dancer or parent on public Social Media sites.

*There is to be no eating in the bathrooms, or inside the dance studios. This is SMELLY, UNCLEAN, and RAT INVITING! Please eat outside!

*If you have Independent PE forms to be signed, please bring them with a pen to Nicole or Allison before or after class-not during class. For Progress Reports or Letters of Recommendations, please give Allison at least two week's notice. Remember that dancers in Independent PE are receiving school credit and/or a grade for classes. Students must take the required minimum of 7.5 hours per week in order to have their forms signed. If dancers miss classes due to illness or other reasons, classes must be made up (Rehearsals do not count as make-up classes.). If there are more than two absences without make-ups, the Independent PE liaison at the school will be called.

Signing of this document indicates the understanding, respect of and agreement to adhering to these policies.

Dancer's Name: _____ Level: _____ Date: _____

Dancer's Signature: _____

Parent's Signature: _____

Gustafson DANCE

Level 6 2015-2016

Tuition: \$40 Reg Fee, \$1040 per semester. SSBYD Fees are separate.

Dress Code: Royal Blue Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink Leather Ballet Shoes, Pointe Shoes, Black ballet skirt, Nude leotard for under costumes, Hair Secured away from face in a neat bun. Black Jazz Pants and Tan Jazz Shoes. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Tan tights may be needed for a costume. Yoga Mat and Theraband for Friday conditioning.

No Jewelry (Small earrings ok), clear or light pink nail polish only. No street clothes over dance clothes in class. Warm-ups are only to be worn if necessary and must be designed for dance and be form fitting.

Required Core Classes: 3 ballet classes (min), plus Pointe and either Jazz or Contemporary per week (or both). Choose Mon or Wed schedule or both, along with Tues (if SSBYD), Fri and Sat. If not in SSBYD, choose 3 ballet classes, plus Pointe and either Jazz or Contemporary.

1. Mon: 5:30-7pm Level 4C,5&6 with Allison
2. Mon: 7-8:15 Jazz 5&6 with Corrie
3. Tues: 4:30-6pm SSBYD Co and App 2 Class with Nicole only for those in SSBYD.
4. Wed: 3:30-5pm Level 5&6 with Gary
5. Wed: 5-6:30pm Contemporary Level 5&6 with Brooke
6. Fri: 3:30-4pm Conditioning with Nicole, 4-5:00pm Pointe with Nicole
7. Sat: 10:30-12 SSBYD Co class with Gary, or Level 4&5 for non SSBYD with Allison

Additional Class Options: Allowed to take the following classes as makeup or additional classes if Core Classes are attended:

- Thurs 6-7:30 open teen and adult class
- Sat: 9-10:30 open teen and adult class

Performances:

FALL- Level 6 may perform one jazz dance in *Rudolph* (if in Mon Jazz 5&6 class)- Sat, Dec. 5th @ 2pm & 6pm at the Lobero, and one ballet part in *Nutcracker* with State Street Ballet Company and live orchestra at the Granada Theatre-Sat, Dec. 19th @ 2pm& 7:30pm and Sun, Dec. 20th @ 2pm. The dancers may be in one or more performances of *Rudolph* and *Nutcracker*. Detailed Information on parts and shows will be posted by September. SSBYD dancers will also have at least one ballet part in *Rudolph*.

SPRING-Level 6 will perform a minimum of one ballet and possibly one jazz/contemporary dance in *Tina the Ballerina* at the Lobero on Sat, May 28th @ 2pm and 6pm and Sun, May 29th at 2pm. They may dance in one or more performance. In addition, SSBYD dancers will be involved in Adjudication at the studio on March 1st and in *Celebration of Dance* on Sat, March 13th at the Lobero.

Studio Rehearsals: Dancers in Level 6 will rehearse for ballet parts in performances outside of ballet class on Tuesdays (mostly if in SSBYD, but sometimes all Level 5 needs to rehearse on Tuesday), Fridays and Saturdays. If a Jazz dance is performed in *Rudolph* and *Tina the Ballerina*, those will be rehearsed in Monday Jazz class. Dancers and Parents must get used to checking the Tuesday, Friday and Saturday rehearsal schedule weekly, but should assume that there will be rehearsal most weekends. The schedule will go out each Monday and will be posted on the website, on the board in the studio and emailed. Non SSBYD dancers can expect to have few to no rehearsals in Jan/Feb but will resume rehearsals for *Tina the Ballerina* in March. Dancers must keep these days and times open.

- Tues: 6-8pm if in SSBYD, and often for those not in SSBYD, especially close to a show
- Fri: 5-7pm
- Sat: 12:30-3:30pm, Some Saturdays will require staying until 4:30 or 5

Theatre Dress Rehearsals: Spacing and Dress Rehearsals are mandatory for all three school performances. We especially cannot make any exceptions for the Nutcracker since it is collaboration with the professional company, State Street Ballet and incorporates an orchestra at a fully professional Union theatre.
Dress Rehearsal Dates: *Rudolph*: Wed, Dec. 2nd and Thurs, Dec. 3rd
Nutcracker: Tues(Studio), Wed-Fri(Theatre), Dec. 15-18th
Tina the Ballerina: Thurs-Fri, May 26th and 27th

Level Expectations: All previous level requirements (some listed here) plus, but not limited to the following:

Proper alignment & placement at barre & center with demonstrated control of center (mainly abs)
Proper foot and knee placement (no rolling)
Proper head and arm positions and coordination with all movements
Developpe above 90 degrees in all directions.
Penche properly executed
Double and Triple pirouettes (endehors & endedans) from fifth & fourth properly executed
Ability to execute 16 consecutive releves in first, and 16 on single leg centre floor with proper placement en pointe
Pique arabesque on pointe with proper placement with leg above 90 degrees
Grand jete with legs at 180 degrees
Demonstrated musicality and quality of movement
Ballote, Ballonne
Emboite en pointe and saute en tournant
Assemble battu and jete battu
Ease of Movement in centre work and choreography
Petit Allegro with beats, Petit Allegro over and under
32 releve arabesque en pointe travelling backwards
Consecutive double pique turns en pointe
Ability to perform two classical variations
Italian Pas de chat,
Italian Fouette en pointe
Saute Fouette
Brise properly executed, Brise vole properly executed
32 consecutive fouettes en pointe

Policies for Level 6

- *Dancers and Parent(s) must attend a fall informational meeting or get the information given from another parent.
- *Dancers and Parent(s) must be responsible to check the posted schedule and emails regularly.
- *Keep your email and phone numbers current with our office and notify us if you have not received weekly emails.
 - *Any schedule conflicts need to be given in writing, in advance. Please know that casting may be changed if a significant amount of classes or rehearsals are missed for any reason.
- *If you are too sick to attend class and/or rehearsal, please contact the office BEFORE 3pm.
- *Classes can and should be made up, but rehearsals cannot be made up.
- *If you have an unavoidable conflict, please let us know as far in advance as possible. We do our best to schedule rehearsals around a major conflict if possible, but we need advance notice (more than two weeks). We do, however, expect that families of and dancers in Level 4-6 will weigh heavily their commitment to dance and understand that every absence, especially to rehearsals, affects the group.
- *Dancers may not miss any classes or rehearsals the two weeks prior to any performance. If illness keeps one from attending class, the class must be made up before the performance.
- *If you are well enough to actively observe class or rehearsal (no fever), which can be a valuable experience, you will not be marked absent. Actively observing means paying attention- not talking, reading, sleeping or lounging.
- *If you do not take class, you may not participate in rehearsal unless you have done a proper self warm up. (We have warm up guidelines for you to follow if needed.)
- *If attendance becomes an issue, we will need to meet with you and your parents to come up with a plan, but you may be restricted from Pointe work until attendance is regular.
- *Saturdays Off- On occasion, we will give a Saturday off of rehearsal. There will always be one class that you can attend on the Saturday Off if you want to come. That class can be counted as a make-up.
- *Please be sure to let the teacher know if you are taking a make-up class so her/she can mark it down properly.
- *The dress code must be adhered to at all times, including proper hair, shoe elastics need to be sewn on, pointe shoe ribbons properly sewn and tied, no jewelry. NO STREET CLOTHES are to be worn, and no shoe Booties to be worn during class or rehearsal. If you have a specific reason for being out of dress code, please let your instructor know before class begins.
- * We expect good behavior from all students, including respect shown to all teachers, staff, younger and older dancers and parents, as well as all property of Gustafson Dance, State Street Ballet, all theatres and other dancers' belongings.
- *Dancers need to have proper foot care items such as band aids, toe tape, nail clippers, jet glue for shoes, as well as sewing kits. Dancers need to maintain proper hygiene with respect to their feet to avoid infected blisters. Dancers should wash feet with soap and water as soon as they get home from dance class.
- *Dancers need to have hair supplies and makeup for performances, including fake eyelashes.
- *We expect supportive, appropriate and positive conversation among dancers and parents. If you need or want to express concerns or frustrations, please do so outside of the studio, or make an appointment to meet with Allison or Nicole. We do not tolerate any inappropriate or negative comments regarding the studio, any teacher, staff, dancer or parent on public Social Media sites.

*There is to be no eating in the bathrooms, or inside the dance studios. This is SMELLY, UNCLEAN, and RAT INVITING! Please eat outside!

*If you have Independent PE forms to be signed, please bring them with a pen to Nicole or Allison before or after class-not during class. For Progress Reports or Letters of Recommendations, please give Allison at least two week's notice. Remember that dancers in Independent PE are receiving school credit and/or a grade for classes. Students must take the required minimum of 7.5 hours per week in order to have their forms signed. If dancers miss classes due to illness or other reasons, classes must be made up (Rehearsals do not count as make-up classes.). If there are more than two absences without make-ups, the Independent PE liaison at the school will be called.

Signing of this document indicates the understanding, respect of and agreement to adhering to these policies.

Dancer's Name: _____ Level: _____ Date: _____

Dancer's Signature: _____

Parent's Signature: _____